



Adjustable glideboard promotes optimal spinal alignment and training variations.

Remote control handles allow touch-control level adjustments while exercising.

LAT Bars promote line-of-pull specificity for arm-cable exercises.

Center-pulley Attachment Positions offer resistance challenges at six levels.

Easy Two-Step Folding and transport wheels for moving unit.

Automatic Rail Locks allow for explosive plyometric jumping.
Hydraulic Rail Lift assists level changes and easy two-step folding.

PRODUCT SPECIFICATIONS

RESISTANCE	1% to 72% of bodyweight
INCLINE LEVELS	26 calibrated levels, with infinite adjustment between levels
IN USE	108" x 38" x 80" (L/W/H) [2.7 m x 1.0 m x 2.0 m]
FOLDED	20" x 38" x 65" (L/W/H) (.5 m x 1.0 m x 1.7 m)
UNIT WEIGHT	218 lbs (99 kg)
SQUAT STAND	Three height levels
STORAGE	Hydraulic lift assists folding Rolls upright
USER HEIGHT	Up to 6'10" (2.1 m)
CAPACITY	Maximum total 650 lbs (295 kg)
POWER	110~220 VAC; 50~60 Hz
CONSTRUCTION	Steel reinforced extruded aluminum rails
WARRANTY	Frame - 5 years; Parts & Upholstery - 1 year; Foam & Rubber - 90 days; Motor - 2 years

The Encompass PowerTower™ allows incremental load changes during exercise, providing the utmost versatility for post-injury or post-surgery rehabilitation as well as sports specific and athletic training.

1. Now included with the unit are Closed Chain Platform and BAPS Adapter, Retractable Dip Bars, Squat Handle Bars, Slide Distance Regulator.
2. Motorized level adjustment improves client access to glideboard and ease of transitions between exercises.
3. Remote control handles allow touch-control level adjustments while exercising.
4. Adjustable glideboard promotes optimal spinal alignment and training variations.
5. Automatic rail locks allow for explosive plyometric jumping.
6. Multiple center-pulley attachment positions double arm-cable load and increase lower extremity ROM.
7. LAT bars promote line-of-pull specificity for arm-cable exercises.
8. Optional add-on Clinical Accessory Package includes: Leg Pulley System, Press Bar, SCRUNCH® and Weight Bar.
9. Additional accessories includes: 3Grip Pull-up Bar, Standing Platform and Telescoping Toe Bar.

Distributed by

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CLINICAL PACKAGE

The Recovery Series Clinical Package offers a comprehensive assortment of accessories to support clinicians in the utilization of Total Gym Encompass models – from rehabilitation to sport-specific power training and progress assessments.



LEG PULLEY SYSTEM

Engage a full complement of leg exercises covering the entire spectrum of resistance training.



PRESS BAR

For military-style press exercises with two grips.



SCRUNCH

Stretch, strengthen, and stabilize the entire core for targeted abdominal strengthening.



WEIGHT BAR

Add additional standard weight plates to achieve greater weight resistance.

ADDITIONAL ACCESSORIES

Further refine your Encompass exercise library with additional accessories.



3 GRIP PULL-UP BAR

Facilitates pull-ups in three different grip positions—wide, narrow and hammer grip—for maximum variability.



STANDING PLATFORM

Promotes proper body alignment while providing dynamic instability toward improving balance, flexibility and coordination.



TELESCOPING TOE BAR

Facilitates many beginning, intermediate, and advanced Pilates movements.

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